



## Isolation and molecular characterization of *Leishmania infantum* in urine from patients with visceral leishmaniasis in Brazil



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### ABSTRACT

*Leishmania infantum* is a protozoan that causes visceral leishmaniasis, a potentially deadly neglected tropical disease. The gold standard for diagnosis has traditionally been detection of amastigotes in bone marrow or spleen aspirates, but this is an invasive procedure that carries the risk of serious complications. Newer PCR techniques are opening new avenues and tissues for testing. Therefore, we tested if amastigotes and DNA from *L. infantum* could be detected in patient urine. We detected *L. infantum* DNA in six out of 30 urine samples from patients with visceral leishmaniasis and the promastigotes were isolated in culture from the urine of one patient. These results suggest the feasibility of using urine samples to diagnose visceral leishmaniasis, especially in acute cases or renal infection, providing a valuable tool for doctors and clinicians to use for screening and diagnosis of leishmaniasis in patients.

### 1. Introduction

The protozoan *Leishmania infantum* is the causative agent of visceral leishmaniasis (VL) (Desjeux, 1992), a neglected tropical disease that attacks the internal organs is often fatal if not properly treated (Desjeux, 1996). *L. infantum* is endemic in South America (Desjeux, 1992) and is a particular problem in Brazil, which accounts for the majority of VL cases reported in Latin America (Hotez et al., 2008).

Traditionally, infection with *L. infantum* was diagnosed via identification of amastigotes in the spleen or bone marrow (Guerin et al., 2002; Zijlstra et al., 1992). Serological tests for antibodies or antigens have also been used (Chappuis et al., 2007). Both of these methods have some disadvantages. Obtaining spleen or bone marrow aspirates carries the risk of serious complications and requires a high level of expertise (Chappuis et al., 2007; Guerin et al., 2002). Serology, though a valuable tool, can be unreliable due to the possibility of cross-reaction with other parasites (Caballero et al., 2007). It also cannot detect relapses since patients' serology test may remain positive after treatment (Chappuis et al., 2007).

More recently, techniques based on polymerase chain reaction (PCR), with high sensitivity and specificity, have been developed for VL diagnosis. PCR-based detection can be applied to many different types of biological samples, such as blood, bone marrow, and serum (Fraga et al., 2010; Motazedian et al., 2008). These techniques also allow different *Leishmania* species to be identified, which is not possible with traditional microscopy (Lima da et al., 2009). The use of PCR-based techniques has also expanded the types of samples from which *L. infantum* can be detected, including urine (Lachaud et al., 2001). This has successfully detected the DNA of *Leishmania* parasites in both humans and canines (Fisa et al., 2008; Mebrahtu et al., 1993; Silva et al., 2014; Solano-Gallego et al., 2007)

Here we report the detection of *L. infantum* in human urine samples. VL is a potentially fatal disease (Desjeux, 1996). There is an urgent need for a fast and reliable diagnostic tools (Fisa et al., 2008). The symptoms of leishmaniasis are often similar to many other tropical diseases; an early diagnosis, which leads to patients getting appropriate treatment faster, is one of the most important factor for preventing morbidity (Chappuis et al., 2007; Oliveira de et al., 2010). The application of PCR

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detection of *Leishmania* to urine samples would offer many advantages by for patients by providing a reliable, painless, and less invasive approach for the collection of biological material that could lead to timely diagnosis and earlier treatment.

## 2. Materials and methods

### 2.1. Patients and study site

This study was conducted at the teaching hospital of the Universidade Federal de Mato Grosso do Sul (UFMS) in Campo Grande, Mato Grosso do Sul state, Midwest Brazil.

Thirty patients with VL were selected, based on clinical criteria and laboratory confirmation by direct observation of parasitic forms in bone marrow aspirate and/or rapid test (Kalazar Detect, Inbios International, Seattle, WA, USA). In addition, fifty controls from healthy individuals, serologically and molecularly negative for *Leishmania* sp. on the indirect fluorescent antibody test, were also included in analysis. Each individual provided a 50 mL sample of urine.

The study was approved by the UFMS Research Ethics Committee (permit 87399, CAAE 05063012.3.0000.0021).

### 2.2. Collection and processing of biological samples

Samples were collected from August 2012 to October 2013. Urine samples were collected in the morning, before patients received treatment. Samples were stored at  $-20^{\circ}\text{C}$ . A 5 mL aliquot was centrifuged at 4000 rpm for 10 min and the sediment inoculated in duplicate into the liquid phase of Novy–MacNeal–Nicole medium and Schneider's medium supplemented with 10% fetal bovine serum. The resulting culture was examined weekly for 60 days. The remaining urine was centrifuged at 14 000 rpm for 5 min and the sediment stored for DNA extraction.

### 2.3. DNA extraction from cultures

The parasitic mass obtained from each culture was washed with PBS, and DNA was extracted using a QIAquick Gel Extraction kit (Qiagen) according to the manufacturer's instructions. An aliquot of reagent mixture devoid of DNA, in 5  $\mu\text{L}$  of water, served as the negative control.

### 2.4. DNA extraction from urine

A 6 mL volume of urine was centrifuged at 14 000 rpm for 5 min and the supernatant discarded. A 300  $\mu\text{L}$  volume of lysis buffer (1 M NaCl; 1 M Tris-HCl at pH 8; 0.5 M EDTA at pH 8.0) and 200  $\mu\text{L}$  of 10% SDS were added and the mixture was homogenized by vigorous vortexing, followed by addition of 20  $\mu\text{L}$  of proteinase K (20 mg/mL). The resultant mixture was then incubated at  $65^{\circ}\text{C}$  for 1 h, followed by addition of 400  $\mu\text{L}$  of chloroform, vigorous stirring until complete homogenization, and subsequent centrifugation at 10 000 rpm for 10 min. The aqueous phase was transferred to a clean tube for DNA precipitation with 100% ethanol. A 70% ethanol solution was added to the pellet and centrifuged at 10 000 rpm for 10 min, after which the supernatant was discarded. This step was repeated twice. The dry pellet was resuspended in 50  $\mu\text{L}$  of ultrapure water, incubated at  $4^{\circ}\text{C}$  overnight, and stored at  $-20^{\circ}\text{C}$  until time of analysis (Maniatis et al., 1982).

### 2.5. Analysis of DNA integrity

$\beta$ -Actin was employed as a marker, as described by Ferreira et al. (2010). The primers ACTIN-F (5'-CGGAACCGCTCATTGCC-3') and ACTIN-R (5'-ACCCACACTGTGTGCCCATCTA-3') were employed (du Breuil et al., 1993; Tohgi et al., 1998). Cycling consisted of initial

denaturation at  $95^{\circ}\text{C}$  for 4 min followed by 35 cycles at  $94^{\circ}\text{C}$  for 30 s for denaturation,  $59^{\circ}\text{C}$  for 30 s for annealing,  $72^{\circ}\text{C}$  for 1 min for extension, and one final 5 min extension cycle at  $72^{\circ}\text{C}$ .

### 2.6. PCR-RFLP

The positive samples were subjected to an additional PCR using oligonucleotides LITSR (5'-CTGGATCATTTCCGAT-3') and L5.8S (5'-TGATACCACCTTATCGCACTT-3') (El Tai et al., 2001). These primers amplify the Internal Transcribed Spacer 1 (ITS1) region, with an amplification product estimated at between 300 and 350 bp. The reactions were performed on a Bio-Rad T100 ThermalCycler apparatus at a final volume of 25  $\mu\text{L}$  containing 1X buffer (Invitrogen), 0.2 mM dNTPs, 1.5 mM  $\text{MgCl}_2$ , 4% formamide, 0.4 pmol of each primer, Taq DNA polymerase at 10 U/ $\mu\text{L}$  (Phonutria), 1  $\mu\text{L}$  of DNA at 30–200 ng/ $\mu\text{L}$ , and 17.25  $\mu\text{L}$  of water. Cycling began at  $95^{\circ}\text{C}$  for 3 min, followed by 35 cycles each at  $95^{\circ}\text{C}$  for 30 s,  $55^{\circ}\text{C}$  for 30 s, and  $72^{\circ}\text{C}$  for 1 min, ending with a final 5 min extension at  $72^{\circ}\text{C}$ .

*Leishmania braziliensis* (MHOM/BR/75/M2903), *L. infantum* (MHOM/BR/74/PP75), and *L. amazonensis* (IFLA/BR/67/PH8) DNA samples obtained from cultures served as the positive controls for PCR.

To characterize the *Leishmania* species involved, these PCR amplicons were subjected to restriction-fragment length polymorphism (RFLP) analysis using the restriction enzyme Hae III (Schönian et al., 2003). RFLP conditions: 25  $\mu\text{L}$  volume, 1  $\mu\text{L}$  of Hae III, 2  $\mu\text{L}$  of M 10 x buffer, 5  $\mu\text{L}$  of sterile water, and 17  $\mu\text{L}$  of amplicon, followed by incubation at  $37^{\circ}\text{C}$  for 3 h. The PCR-RFLP products were then analyzed by electrophoresis in high-resolution agarose gel (Sigma-Aldrich, St. Louis, MO, USA) at 3% with 1X tris-borate-EDTA buffer at pH 8.0. Electrophoresis was run at 100 V and 400 mA for 3 h. The gels were visualized under UV after ethidium bromide staining (0.5  $\mu\text{g}/\text{mL}$ ).

## 3. Results

Of the patients investigated, 22 (73.3%) were males and eight (26.7%) females. Age ranged from two to 85 years. On admission, symptoms were consistent with VL, namely, hepatomegaly (80%), splenomegaly (80%), fever (70%), weight loss (60%), weakness (60%), pallor (60%), and cough (40%).

On the 14th day of urine culture, growth of promastigotes was observed in a sample from a three-year-old boy who was diagnosed with VL on parasitological examination. The patient also presented a fever ( $38.7^{\circ}\text{C}$ ), abdominal pain, vomiting, pallor, appetite loss, and hepatosplenomegal. The patient was initially treated with penicillin for three days and subsequently with ceftriaxone associated with oxacillin for 10 days. Glucantime, a VL-specific drug, was administered for 20 days in association with ceftriaxone and oxacillin.

No growth of parasitic forms was observed in 22 samples (73%). Seven samples (23%) were contaminated with other microorganisms.

Using PCR, *Leishmania* sp. DNA was detected in 11 urine samples (Fig. 1) (37%), five of which (17%) were positive on PCR-ITS1 (Fig. 2). However, the paucity of DNA content precluded specific characterization of all DNA samples.

Based on PCR-RFLP of both urine sediment and promastigote forms obtained from cultures, the infective agent in all samples was identified as *Leishmania infantum*. No *Leishmania* was detected by PCR in any of the negative controls. There was also no growth of promastigotes in culture from the negative controls.

## 4. Discussion

Effective control and treatment of VL depends on timely, accurate diagnosis (Oliveira de et al., 2010). Diagnosis based on PCR detection in urine samples may represent a promising, non-invasive and painless alternative approach, especially compared to obtaining bone marrow and spleen samples from patients for detection of amastigotes

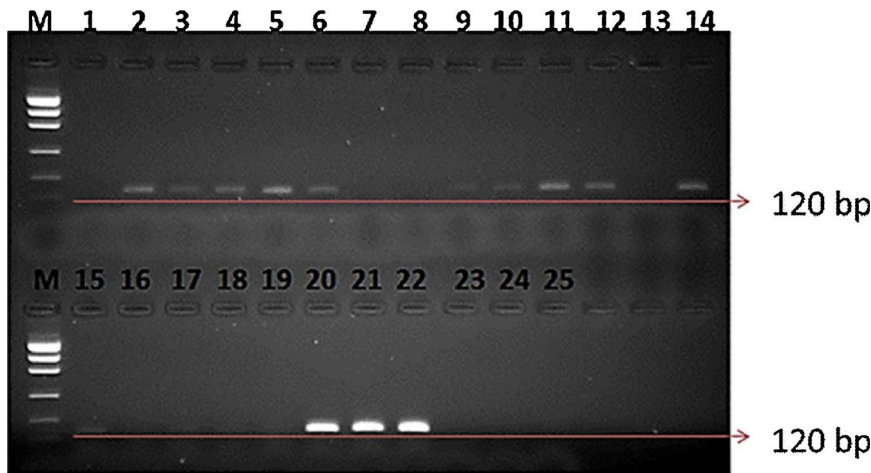


Fig. 1. PCR products; 2% gel agarose. Molecular markers (100 bp): 1–19, patients; 20–22, positive controls; 23–25, negative controls.

(Chappuis et al., 2007; Zijlstra et al., 1992). Although only a portion (37%) of patients tested positive, examining urine can provide an additional tool for doctors to quickly screen patients for VL and more rapidly diagnose at least a portion of them. In addition, PCR has high sensitivity and can show 100% specificity to *Leishmania* species (Andresen et al., 1997; Fisa et al., 2008; Motazedian et al., 2008; Solano-Gallego et al., 2007). Although the isolation of *Leishmania (Leishmania) infantum* from urine samples has previously been reported (Ferroglio et al., 2006; Motazedian et al., 2008), the present study is the first to identify viable amastigotes in urine from Brazilian patients.

Nevertheless, there are some challenges in the use of urine for diagnosing VL. The growth of amastigotes in culture was observed in only a single sample and difficulties in isolating the parasite from urine have been reported elsewhere (Mebrahtu et al., 1993). Low success rates can be due to technical difficulties during collection and preservation, as well as low numbers of parasites in the samples, the inability of *Leishmania* DNA to cross the renal barrier and contamination of urine with other microorganisms (Cruz et al., 2006).

Some of the negative PCR results could be explained by difficulties in DNA extraction and amplification (Andresen et al., 1997). Urine contains factors, such as urea and nitrites, which may have an inhibitory effect on DNA amplification (Khan et al., 1991). In addition, DNA can be degraded by endonucleases secreted by bacteria present in urine (Carder et al., 1999; Milde et al., 1999). Further testing of the best way to preserve and treat urine samples may increase the utility of this method. Treatment of samples to reduce inhibition, such as keeping samples at  $-70^{\circ}\text{C}$  or below (Madisen et al., 1987), precipitating

suspended solids, using ethanol, and concentrating DNA could increase the success of *Leishmania* detection in urine samples, as well as modification of amplification techniques that can detect smaller fragments of more degraded DNA (Silva et al., 2014).

Despite these challenges, the detection of *Leishmania* parasites in urine may be especially useful for determining if the kidneys have been infected. Renal involvement has been frequently reported in patients with VL (Chaigne et al., 2004; Efstratiadis et al., 2006; Elshafie et al., 2006; Prasad et al., 1992; Romero Maroto et al., 1995; Salgado Filho et al., 2003). The presence of amastigotes or *Leishmania* particles in the kidneys may indicate the acute phase of the disease, renal lesions, or very high parasite loads (Caravaca et al., 1991; Fisa et al., 2008; Salgado Filho et al., 2003).

The present results show that human urine can be used as a biological sample for identifying *Leishmania* species and provide a relatively painless, minimally invasive method for doctors to screen patients. Although further studies are needed to determine the best methods for culturing, extracting DNA, and amplifying this type of biological sample, it holds promise for providing a rapid diagnosis for patients, especially when the kidneys have been infected.

#### Conflict of interests

All authors declare the absence of conflicts of interests in the publishing of this manuscript.

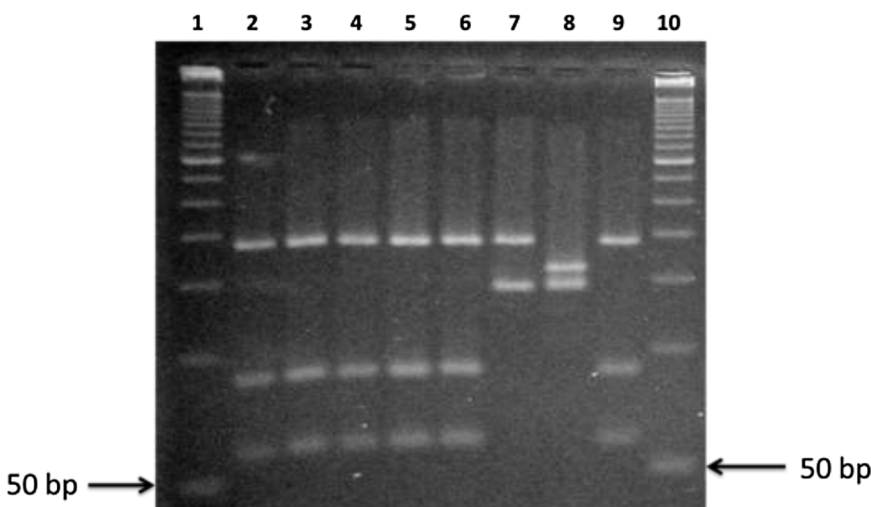


Fig. 2. Product of digestion of the ITS-1 region with HAE III: (1) 50 bp ladder; (2–6) DNA from urine; (7) *L. (Viannia) braziliensis*; (8) *L. (L.) amazonensis*; (9) *Leishmania (Leishmania) infantum*; (10) 50 bp ladder.

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